HMO Individual Schedule of Benefits

Provided by:



Underwritten by Health First Commercial Plans

About this Schedule of Benefits

This Schedule of Benefits outlines the cost-shares (such as deductibles, copayments and coinsurance) that apply to covered services under your plan. It is intended only to highlight your benefits and should not be relied upon to fully determine your coverage. If this Schedule of Benefits conflicts in any way with the Certificate of Coverage (contract), the contract shall prevail. Please review your contract for a description of services, supplies, terms and conditions of coverage.

For multiple outpatient services received on the same date of service, more than one cost-share may apply, unless expressly stated otherwise herein. For example, if you receive an injection in your physician's office, you may be responsible for the cost-share associated with a physician visit and the cost-share associated with practitioner-administered medications under this plan.

How to contact us for help

For assistance regarding information about coverage, questions or complaints, please call Customer Service toll-free at 1.844.522.5279. You may also log onto your secure member portal at <u>myAHplan.com</u>.



IN-NETWORK AV = 64.02%

INDIAN HEALTH CARE PROVIDER AV = 100%

MEMBER COST-SHARE		
PLAN FEATURES	In-Network	Indian Health Care Provider
Deductible (Per Individual/Family) Includes medical and pharmacy expenses per calendar year.	\$8,300/\$16,600	\$0
Coinsurance	50%	\$0
Maximum Out-of-Pocket Expense Limit (Per Individual/Family) Includes medical and pharmacy expenses per calendar year.	\$8,700/\$17,400	\$0
COVERED SERVICES ¹	In-Network	Indian Health Care Provider
OUTPATIENT SERVICES AND SUPPLIES Authorization rules may apply. Access your member portal to view the Authoriz	zation List.	
Preventive Care Services Services are covered in accordance with Affordable Care Act requirements, including age, risk-factor and frequency guidelines. See <u>HealthCare.gov</u> for the current list of covered preventive services.	\$0	\$0
Primary Care Physician Office Visit	Visits 1-5, \$45; Visits 6+, 50% after deductible	\$0
Specialist Office Visit	Deductible then Coinsurance	\$0
Chiropractic Services 26 visits maximum per calendar year	Deductible then Coinsurance	\$0
Podiatry Services	Deductible then Coinsurance	\$0



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MEMBER COST-SHARE		
COVERED SERVICES ¹	In-Network	Indian Health Care Provider
Prenatal/Postnatal Office Visit (not including perinatology) Up to 15 per calendar year are covered without cost-sharing in-network. Additional visits are subject to the appropriate physician office visit cost-share.	\$0	
Urgent Care Clinic Visit	Deductible then Coinsurance	\$0
Diagnostic Lab Services (e.g., blood work) Includes independent clinical labs. Does not include genetic testing.	Deductible then Coinsurance	\$0
Genetic Testing Lab Services	Deductible then Coinsurance	\$0
Radiology Services (Per visit, per type) Includes x-rays, ultrasounds, echocardiograms, fluoroscopies, diagnostic mammography and other standard radiology services.	Deductible then Coinsurance	\$0
Maternity Ultrasounds	Deductible then Coinsurance	\$0
Advanced Imaging Services (Per visit, per type) CT, MRI, MRA, PET and Nuclear Studies	Deductible then Coinsurance	\$0
Allergy Testing (Per visit)	Deductible then Coinsurance	\$0
Practitioner-Administered Medications Medications administered by a health care provider in an office or outpatient setting. Includes chemotherapy, infusions, therapeutic injections, allergy immunotherapy, and other medications ordered and administered by a provider.	Deductible then Coinsurance	\$0
Radiation Services	Deductible then Coinsurance	\$0
Dialysis Services	Deductible then Coinsurance	\$0



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MEMBER COST-SHARE		
COVERED SERVICES ¹	In-Network	Indian Health Care Provider
Other Diagnostic and Therapeutic Tests and Services Medically necessary outpatient diagnostic and therapeutic services not classified elsewhere within this Schedule of Benefits	Deductible then Coinsurance	\$0
Emergency Room Visit	Deductible then Coinsurance	\$0
Outpatient Surgery – Facility Services Includes outpatient hospital & Ambulatory Surgery Center.	Deductible then Coinsurance	\$0
Outpatient Surgery – Physician/Surgeon Services Includes outpatient hospital & Ambulatory Surgery Center.	Deductible then Coinsurance	\$0
Outpatient Observation (Per stay)	Deductible then Coinsurance	\$0
Durable Medical Equipment, Orthotics, & Prosthetic Devices	Deductible then Coinsurance	\$0
Home Health Care 60 visits maximum per calendar year	Deductible then Coinsurance	\$0
Rehabilitative Physical, Speech and Occupational Therapies 35 visits maximum per calendar year for each condition being treated	Deductible then Coinsurance	\$0
Habilitation Services 35 visits maximum per calendar year for each condition being treated	Deductible then Coinsurance	\$0
Cardiac & Pulmonary Rehabilitation Coverage is limited to 36 sessions per lifetime, per service. (Additional days may be authorized when medically necessary.)	Deductible then Coinsurance	\$0
Hyperbaric Oxygen Therapy	Deductible then Coinsurance	\$0
Ambulance Services	Deductible then Coinsurance	\$0



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COVERED SERVICES ¹	In-Network	Indian Health Care Provider
Outpatient Hospice Services	Deductible then Coinsurance	\$0
All Other Medically Necessary Outpatient Services	Deductible then Coinsurance	\$0
INPATIENT MEDICAL SERVICES Authorization rules may apply. Access your member portal to view the Authoriz	zation List.	
Inpatient Hospital Facility Services (Per admission) Inpatient rehabilitation services limited 21 days per calendar year.	Deductible then Coinsurance	\$0
Inpatient Physician and Surgical Services	Deductible then Coinsurance	\$0
Skilled Nursing Facility Services (Per admission) 60 days maximum per calendar year	Deductible then Coinsurance	\$0
Inpatient Hospice Services	Deductible then Coinsurance	\$0
BEHAVIORAL HEALTH SERVICES Authorization rules may apply. Access your member portal to view the Authoriz	zation List.	
Inpatient Mental Health Care (Per admission)	Deductible then Coinsurance	\$0
Partial Hospitalization A structured program of active treatment for psychiatric care that is more intense than the care performed in a physician's or therapist's office.	Deductible then Coinsurance	\$0
Mental Health Care Office Visit	Deductible then Coinsurance	\$0
Outpatient Mental Health Services	Deductible then Coinsurance	\$0



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MEMBER COST-SHARE

COVERED SERVICES'In-NetworkCare ProvideInpatient Substance Abuse (Per admission) Detoxification and acute care only for alcohol/substance abuseDeductible then Coinsurance\$0Substance Abuse Office VisitDeductible then Coinsurance\$0Outpatient Substance Abuse ServicesDeductible then Coinsurance\$0PEDIATRIC SERVICESDeductible then Coinsurance\$0Pediatric Dental ServicesIncludes one dental check-up visit every six months, basic and major dental care and medically necessary orthodontic services.\$0\$0Pediatric Vision ServicesIncludes one routine eye exam and one pair of standard child eyeglasses (frame and lenses) per calendar year from a participating provider. Up to two prescription fills of standard contact lenses are covered, in lieu of eyeglasses, per calendar year from a participating provider.\$0\$0ADDITIONAL BENEFITSNot coveredFitness Center MembershipNot coveredPRESCRIPTION DRUG BENEFIT Covered prescription drugs are listed in the plan formulary. Authorization rules, step therapy requirements and quantity limits may apply. Please access your member portal to view the formulary.			JST-SHARE
Detoxification and acute care only for alcohol/substance abuse Coinsurance \$0 Substance Abuse Office Visit Deductible then Coinsurance \$0 Outpatient Substance Abuse Services Deductible then Coinsurance \$0 PEDIATRIC SERVICES Deductible then Coinsurance \$0 Pediatric Dental Services Includes one dental check-up visit every six months, basic and major dental care and medically necessary orthodontic services. \$0 \$0 Pediatric Vision Services Includes one routine eye exam and one pair of standard child eyeglasses (frame and lenses) per calendar year from a participating provider. Up to two prescription fills of standard contact lenses are covered, in lieu of eyeglasses, per calendar year from a participating provider. \$0 \$0 ADDITIONAL BENEFITS Not covered Prescription DRUG BENEFIT Covered prescription drugs are listed in the plan formulary. Authorization rules, step therapy requirements and quantity limits may apply. Please access your member portal to view the formulary.	COVERED SERVICES ¹	In-Network	Indian Health Care Provider
Substance Abuse Office Visit Coinsurance \$0 Outpatient Substance Abuse Services Deductible then Coinsurance \$0 PEDIATRIC SERVICES Pediatric Dental Services Includes one dental check-up visit every six months, basic and major dental care and medically necessary orthodontic services. \$0 \$0 Pediatric Vision Services Includes one routine eye exam and one pair of standard child eyeglasses (frame and lenses) per calendar year from a participating provider. Up to two prescription fills of standard contact lenses are covered, in lieu of eyeglasses, per calendar year from a participating provider. \$0 \$0 ADDITIONAL BENEFITS Not covered PRESCRIPTION DRUG BENEFIT Covered prescription drugs are listed in the plan formulary. Authorization rules, step therapy requirements and quantity limits may apply. Please access your member portal to view the formulary.			\$0
Outpatient Substance Abuse Services Coinsurance \$0 PEDIATRIC SERVICES Pediatric Dental Services Includes one dental check-up visit every six months, basic and major dental care and medically necessary orthodontic services. \$0 \$0 Pediatric Vision Services Includes one routine eye exam and one pair of standard child eyeglasses (frame and lenses) per calendar year from a participating provider. Up to two prescription fills of standard contact lenses are covered, in lieu of eyeglasses, per calendar year from a participating provider. \$0 \$0 ADDITIONAL BENEFITS Fitness Center Membership Not covered PRESCRIPTION DRUG BENEFIT Covered prescription drugs are listed in the plan formulary. Authorization rules, step therapy requirements and quantity limits may apply. Please access your member portal to view the formulary.	Substance Abuse Office Visit		\$0
Pediatric Dental Services Includes one dental check-up visit every six months, basic and major dental care and medically necessary orthodontic services. \$0 \$0 Pediatric Vision Services Includes one routine eye exam and one pair of standard child eyeglasses (frame and lenses) per calendar year from a participating provider. Up to two prescription fills of standard contact lenses are covered, in lieu of eyeglasses, per calendar year from a participating provider. \$0 \$0 ADDITIONAL BENEFITS Fitness Center Membership Not covered PRESCRIPTION DRUG BENEFIT Covered prescription drugs are listed in the plan formulary. Authorization rules, step therapy requirements and quantity limits may apply. Please access your member portal to view the formulary.	Outpatient Substance Abuse Services		\$0
Includes one dental check-up visit every six months, basic and major dental care and medically necessary orthodontic services. \$0 \$0 Pediatric Vision Services Includes one routine eye exam and one pair of standard child eyeglasses (frame and lenses) per calendar year from a participating provider. Up to two prescription fills of standard contact lenses are covered, in lieu of eyeglasses, per calendar year from a participating provider. \$0 \$0 ADDITIONAL BENEFITS Fitness Center Membership Not covered PRESCRIPTION DRUG BENEFIT Covered prescription drugs are listed in the plan formulary. Authorization rules, step therapy requirements and quantity limits may apply. Please access your member portal to view the formulary.	PEDIATRIC SERVICES		
Includes one routine eye exam and one pair of standard child eyeglasses (frame and lenses) per calendar year from a participating provider. Up to two prescription fills of standard contact lenses are covered, in lieu of eyeglasses, per calendar year from a participating provider. \$0 \$0 ADDITIONAL BENEFITS Fitness Center Membership Not covered PRESCRIPTION DRUG BENEFIT Covered prescription drugs are listed in the plan formulary. Authorization rules, step therapy requirements and quantity limits may apply. Please access your member portal to view the formulary.	Includes one dental check-up visit every six months, basic and major dental care	\$0	\$0
Fitness Center Membership Not covered PRESCRIPTION DRUG BENEFIT Covered prescription drugs are listed in the plan formulary. Authorization rules, step therapy requirements and quantity limits may apply. Please access your member portal to view the formulary.	Includes one routine eye exam and one pair of standard child eyeglasses (frame and lenses) per calendar year from a participating provider. Up to two prescription fills of standard contact lenses are covered, in lieu of eyeglasses,	\$0	\$0
PRESCRIPTION DRUG BENEFIT Covered prescription drugs are listed in the plan formulary. Authorization rules, step therapy requirements and quantity limits may apply. Please access your member portal to view the formulary.	ADDITIONAL BENEFITS		
Covered prescription drugs are listed in the plan formulary. Authorization rules, step therapy requirements and quantity limits may apply. Please access your member portal to view the formulary.	Fitness Center Membership	Not covered	
Retail Pharmacy 30-Day Supply 90-Day Suppl	Covered prescription drugs are listed in the plan formulary. Authorization rules, step therapy requirements and		
	Retail Pharmacy	30-Day Supply	90-Day Supply



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	MEMBER C	OST-SHARE
Preventive Care Prescription Drugs and Supplies Covered in accordance with Affordable Care Act requirements. A health care professional's prescription is required for all drugs and supplies.	\$0	\$0
Tier 1 – Preferred Generic Prescription Drugs	\$3	\$9
Tier 2 – Non-preferred Generic Prescription Drugs	\$15	\$45
Tier 3 – Preferred Brand Name Prescription Drugs	Deductible then 35%	Deductible then 35%
Tier 4 – Non-preferred Brand Name Prescription Drugs	Deductible then 45%	Deductible then 45%
Tier 5 – Specialty Drugs Coverage is limited to a 30-day supply from preferred specialty pharmacy.	Deductible then 50%	Not covered
Mail Order Pharmacy	30-Day Supply	90-Day Supply
Preventive Care Prescription Drugs and Supplies Covered in accordance with Affordable Care Act requirements. A health care professional's prescription is required for all drugs and supplies.	\$0	\$0
Tier 1 – Preferred Generic Prescription Drugs	\$3	\$6
Tier 2 – Non-preferred Generic Prescription Drugs	\$15	\$30
Tier 3 – Preferred Brand Name Prescription Drugs	Deductible then 35%	Deductible then 35%
Tier 4 – Non-preferred Brand Name Prescription Drugs	Deductible then 45%	Deductible then 45%



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	MEMBER COST-SHARE	
Tier 5 – Specialty Drugs Coverage is limited to a 30-day supply from preferred specialty pharmacy.	Deductible then 50%	Not covered
Indian Health Care Pharmacy	30-Day Supply	90-Day Supply
Preventive Care Prescription Drugs and Supplies Covered in accordance with Affordable Care Act requirements. A health care professional's prescription is required for all drugs and supplies.	\$0	\$0
Tier 1 – Preferred Generic Prescription Drugs	\$0	\$0
Tier 2 – Non-preferred Generic Prescription Drugs	\$0	\$0
Tier 3 – Preferred Brand Name Prescription Drugs	\$0	\$0
Tier 4 – Non-preferred Brand Name Prescription Drugs	\$0	\$0
Tier 5 – Specialty Drugs Coverage is limited to a 30-day supply from preferred specialty pharmacy.	\$0	Not covered

¹ Covered services are subject to limitations, exclusions and plan provisions listed in the Certificate of Coverage.